

# The Honey Colony

## Honey Ratings



the honey colony



## TA, UMF and MGO

### TA – Total Activity

TA stands for Total Activity, and it measures the both the peroxide activity (PA) and non-peroxide activity (NPA) in a honey.

### UMF – Unique Manuka Factor

A trademark term used to indicate the NPA level of Manuka honey. Common UMF ranges between 5+ to 20+, and it is comparable TA. However, UMF measures only the NPA, whereas TA measures both PA and NPA.

### MGO – Methylglyoxal

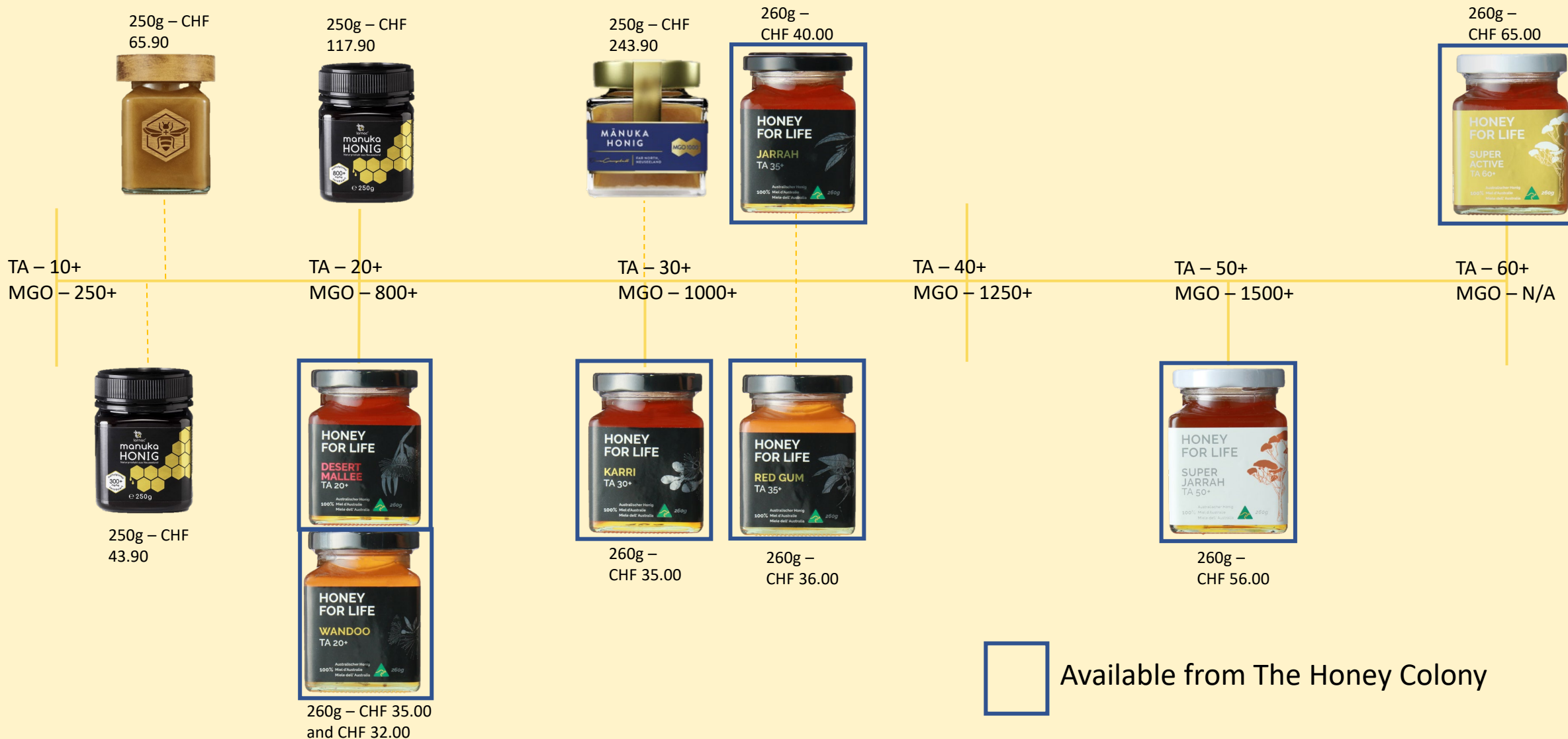
Indicates the content of methylglyoxal in Manuka honey (mg/kg). The rating typically ranges from 100+ to 1000+.

<b>TA</b>	<b>UMF</b>	<b>MGO</b>	<b>Strength</b>
TA 10+	UMF 10+	MGO 250+	Mild
TA 20+	UMF 20+	MGO 800+	Medium Strength
TA 30+	UMF 30+	MGO 1000+	Strong
TA 40+	UMF 40+	MGO 1250+	Very Strong
TA 50+	UMF 50+	MGO 1500+	Extremely Strong
TA 60+	N/A	N/A	Extremely Strong



# Different Honey Ratings

## TA & MGO



 Available from The Honey Colony